

Spring 2021

Newsletter

Hello and welcome to the Spring 2021 Newsletter. In these unprecedented times of Covid-19 everyone at New Hope Foodbank would like to thank all the members of the public, local businesses, schools and churches for their continued donations, prayers and support. The donations have been overwhelming.

The kindness of local people helping local people is so heart-warming. This pandemic has shown the unexpected can hit us suddenly with devastating consequences on people's lives. Throughout the pandemic our community has stepped in to provide vital support to people left without enough money for food. Our wonderful volunteers at New Hope Foodbank have been working hard under extremely difficult circumstances to make sure support is there for people struggling to afford essentials.

If you or anyone you know is in food crisis please call Jacqui on 0793 995 0713

As a result of your support in 2020:-

1,525

People accessed the service.

32,004

Meals were delivered to clients in food crisis.

That equates to approximately:

£51,850

going back into the local community.



Some of the generous Christmas donations donated by our local community.

Since the foodbank opened in December 2012 260,412 meals have now been delivered to local clients in food crisis thanks to community support.

We are being asked lots of questions about the impact of coronavirus on people needing foodbanks and the support New Hope Foodbank will be able to provide.

This is an unprecedented challenge and we don't yet know how things will unfold. It is possible maybe probable that New Hope Foodbank will face a far more increased demand as people lose income at the same time as food donations drop off or volunteers are unavailable, due to measures rightly put in place to slow down the spread of infection.

We would also like to remind parents and schools that any child entitled to free school meals can be referred for a school meals food parcel during the school holidays.

New Hope Foodbank sometimes runs short on certain items but due to the generosity of our local community we do have a good stock so far. We would like to encourage the public to maybe check with the foodbank to see what items are needed most as the parcels are packed in a specific way to provide 3 meals a day for 7 days per family member.

I would like to give a big shout out to our wonderful volunteers who have been at the front line during the pandemic sorting food into date order, packing food parcels and delivering them to clients homes. The foodbank has continued throughout the pandemic well done everyone involved and thank you.

Reasons for crisis included:

- Bereavement of partner
- Job losses and furlough due to Covid-19
- Free school meals
- Introduction of Universal Credit (clients waiting 5 weeks + without any money)
- Benefit delay
- Illness both physical & mental
- Family breakdown through Domestic Violence

God's provision in times of need.

THE FURNITURE PROJECT

In 2016 a referrer from Aston came to ask for a food parcel for a lady who had fled domestic violence. She observed that we had some toys and a few bits and pieces left over from a Yard sale and asked if she could take them for the family. Apparently they used to be able to get white goods from the council for clients but that had now stopped.

Not long after we had a bed donated that had only been used once and we were able to put it to good use by donating it to a family in need, not long after this an invitation came from Centre Parcs to pick up all the furniture and white goods from chalets that were being refurbished, and so the Furniture project was started.

We are now on average supplying 7 families / individuals per month who have either fled domestic violence and/or been homeless to turn a house into a home. We are planning to extend the area covered in 2021.

Since the beginning of the pandemic we have had some short term funding which has enabled us to increase the amount of clients we are able to assist by inviting on more referrers with domestic violence figures on the increase due to lockdown it is essential to keep Furniture Project going we would appreciate donations of good quality furniture and white goods. Please call the foodbank number to arrange a collection.

CASE STUDY 1 AUTUMN 2020

(Name changed to protect identity), Jane had fled from a domestic violence situation. She had been moved into bed & breakfast accommodation due to now being homeless as well, Jane very quickly went into depression and was in and out of the mental health unit at Chesterfield Royal Hospital.

Pathways one of our homeless referrers called to ask if the Furniture Project could help Jane out as she had been given a 1 bedroomed flat, she had very little personal belongings due to fleeing her previous relationship.

The flat was completely unfurnished and no carpet except for a settee and a cooker. Jane lived in her flat like that for a week until the Furniture Project helped to make her flat into a home. We were able through generous donations to support and provide her free of charge with:- a microwave, fridge, toaster, kettle, crockery, cutlery, utensils, a double bed, mattress, bedding, bedside cabinets, wardrobe, drawers, coffee table, TV & stand, lamps, rugs, curtains, mirror, and pictures.

CASE STUDY 2, 2020

We were approached by a referrer from Chesterfield Borough Council homeless dept. A young homeless man who was disabled due to having had his right leg amputated had been given a 1 bedroomed ground floor flat he had been in temporary accommodation and wasn't expected to be accommodated so quickly, there was no provision for any furniture or white goods except for a kettle, toaster and microwave.

New Hope Furniture Project was able to provide and deliver free of charge:- a double bed & mattress, bedding, bedside cabinet settee, coffee table, TV fridge, pots, pans crockery, cutlery and towels.



The Freedom Programme.

Support group for women from any area.

www.freedomprogramme.co.uk



The Freedom Programme



Who is it for?

For women who are experiencing or have previously experienced domestic abuse.

- Do you feel afraid of your partner?
- Is your partner excessively jealous and possessive?
- Do you feel you are walking on eggshells to avoid making your partner angry or aggressive?
- Does your partner blame you for everything?
- Does your partner pressure you to have sex when you don't want to?
- Is your partner constantly criticising you and putting you down in front of others?
- Does your partner tell you want to wear, who to see and where you can or cannot go?



The aim of the programme is to;

- Provide information that will help you understand abuse.
- Help you to recognise the beliefs held by abusive men.
- Assist you to meet other women with similar life experiences.
- Illustrate the effects of domestic violence on children.
- Help build your confidence and self-esteem.
- Help you recognise future abusers and move on to abuse free lives.
- Provide the information in a confidential and safe environment.

The "Freedom Programme" was rolled out on 3rd September 2020 at New Hope Community Church, Halfway.

The programme is a rolling 12 week domestic violence course aimed at empowering women who are experiencing or have experienced domestic abuse.

The course is presently being run at New Hope Community Church, Halfway, Sheffield and provides information that will help women to understand abuse. Key elements of the 12 week programme include the following.

- Helping to recognise the beliefs held by abusive men.
- Assist you to meet other women with similar life experiences.
- Illustrate the effects of domestic violence on children.
- Help build confidence and self-esteem.
- Help recognise future abusers and move on to abuse free lives.

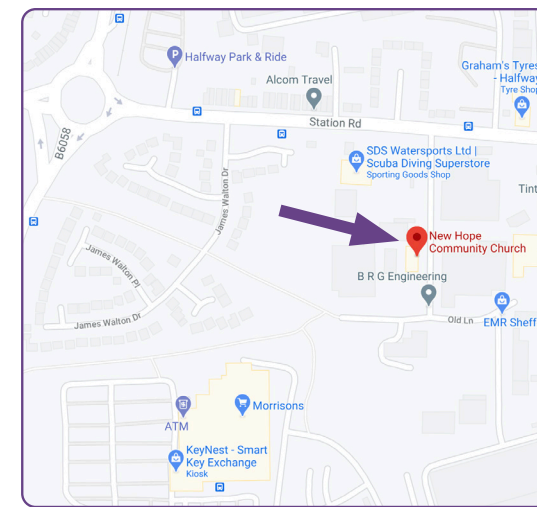
During the Covid-19 Pandemic and the subsequent lockdowns, statistics have shown that there has been a sharp rise in reported incidents of domestic violence. Domestic abuse organisations have observed increased household tension and

domestic violence due to forced coexistence, economic stress and fears about the virus. Increased isolation could create an escalation in abuse, where those who are living with an abusive partner or family member, may be less likely to ask for help.

The programme runs every Thursday 10am – 12pm & 1pm – 3pm. We have 2 fully certified trained facilitators to put you at ease in a safe and confidential environment.

Where to find us?

**New Hope Community Church,
Old Lane, Halfway, S20 3GZ**



To discuss the programme in confidence call Jacqui at the Freedom Project on **07309 858 955** or email jacquinewhopecommunity@outlook.com

Volunteer Opportunities

- Volunteering in the Foodbank, sorting food donations. (Monday only, 10am – 1pm)
- Volunteering in the Foodbank sorting charity shop donations.
- Volunteering in the charity shop.
- Volunteering in the coffee shop.
- Volunteering in the furniture warehouse.
- Volunteer driver for furniture warehouse.

For more volunteer information contact Michelle on:
07568 197 464

Although we are continually blessed with donations for the Food Bank, there are items we seem to run out of more than others.

So if you feel that you would like to help feed a local family in crisis or help someone set up a new home due to having been homeless or a victim of domestic violence, it would be really helpful if you could donate from the list below.

—○ Basic Toiletries Mens & Ladies

Toilet Rolls
Toothpaste / Toothbrushes
Shampoo / Conditioner
Shower Gel
Deodorant
Soap
Nappies / Baby Wipes

—○ Cleaning Products

Washing Up Liquid / Dish Cloths / Sponges
Kitchen / Bathroom Cleaner
Washing Powder / Liquid
Washing Conditioner

—○ Food

Bolognese/Curry Sauce
Tinned Macaroni Cheese / Ravioli / Spaghetti Bolognese.
Tinned Meat Curries / Bolognese Packet / Pot Noodles
Tinned Carrots / Potatoes / Peas / Sweetcorn
Tinned Hotdogs / Part Baked Bread / Instant Mash
Puddings / Tinned Fruits
Coffee
Sugar
UHT Milk
Dilute Juice / Cartons

The quality of your mental health affects the quality of your life.

Struggling with anxiety or depression?

Like to learn about mental health?

Finding life difficult?

Talk to people who can help?

Isolated?

Awaken your own resources?

Do you find it difficult to talk?

Start living again?

Learn to help others?

GROW is anonymous, confidential, non-denominational and open to all.
GROW has no fees or dues.

Groups held in Halfway. Help is available. Call today **0774 201 5864** or email **nhccgrow@gmail.com**



World Community Mental Health Movement

Acknowledgements to local businesses, churches and schools for both food monetary donations 2020:-

Aston Hall Church of England School

Barlborough Hall School

Mosborough School

Mosborough Methodist Church

Camms Infant School

Clarke & Partners

CPL Industries

Direct Plastics

Oliver Laws Vehicle Services

Oracy

Eckington School

Eckington Fenton Street Carols

Emerald Makeup & Lashes

Evolution Power Tools

Swallownest Baptist Church

Holmedale Infant School

Howdens Joinery

Killamarsh Junior School

Killamarsh Chemist

Killamarsh Methodist Church

Kiveton Park Meadows School

Little Town Pantry

St.Giles Church of England School

**And to everyone who called in and donated.
A huge thank you!**

Charity Shop

Unfortunately due to Covid-19 our charity shop has been mostly closed in 2020, we would like to thank all our regular customers and donors for their on-going support and patience. The donations that people bring in are sold in order to bring in a revenue to support both the foodbank and the furniture warehouse with stock and core costs. This year due to the lockdowns our funds are greatly lower than we would have usually anticipated.

Please give us a call on 0114 2472994 to check opening hours.

Coffee Shop

Our coffee shop has also been a victim of the pandemic and had to close in March 2020. We are hopeful that it will reopen when it is deemed safe to do so. We can't wait to see all our regular customers again and also meet new ones.



Hello friends,

It's sad to say that we need foodbanks but every day we find people who are genuinely suffering a food crisis as a family or individual. Last year alone we supplied over 32,004 meals out of our council donated facility based in Killamarsh which is funded day to day only by small private donations from kind local folk and our small charity shop at the church.

In 2021 we face difficulties such as:

- Being able to afford regular bin collections; costs approx. £1,000 per year
- Paying utility bills; costs around £2,000 per year
- Having suitable transport for delivering the food and the furniture packs; a new vehicle & running costs would cost around £5,000 per year

In many cases these needy people, having passed strict criteria to receive help and a referral from an approved agency, are in a desperate position. They may have mental health issues, physical health problems, had suffered domestic violence or be recovering from a terrible bereavement, any of which leaves them numb, terrified and unable to function.

What are we asking you?

- Would you stand with us and make a regular donation or even a small one off amount to help the needy in this community?
- Help cover the cost of the bins?
- Help out with transport costs?

Please don't think someone else will step up and help – call me now on **07939950713** or email me at **jacquinewhopecommunity@outlook.com**

Thank you
Jacqui Gavins
New Hope Community Project Co-ordinator

New Hope FoodBank

God's Provision in times of crisis

Help us help others



Your continued support is much appreciated, there are many ways in which you can support the food bank by:

- Donating your time as a volunteer
- Donating food
- Donating furniture Donating household items
- Donating white goods
- Donating money
- Visiting our coffee shop
- Visiting our charity shop

New Hope Community Church

Online Church Service

Sunday 11am



www.newhopecommunity.co.uk

07939950713